

WEEKLY ACTIVITIES AND REGULAR MEETINGS

Weekly at Kiama

Creative craft 9 am (school terms)

Bible study 2.00 pm Tuesday

Meditation 4 pm Wednesday

Men's shed 9.am-3pm Tues &Thurs

Friday friends 9 am-1 pm

Monthly at Kiama

Trading Table 1st Sunday of the month

Ladies' Day Fellowship 1st Thursday 9.30 am

Ladies' Evening Fellowship 3rd Monday 7.30 pm

Men's Mate Meet 3rd Tuesday 10.45 am

Prayer Group 1st Saturday 10 am

Healing Service 3.30 pm 4th Thursday

SERVICE TIMES SUNDAY

Kiama: 9.30 am

Jamberoo: 6.15 pm (2nd Sunday) 9.00 am (4th Sunday)

Minister **Rev Kath Merrifield** 0409 650 118
revkath@ozemail.com.au

Pastoral Convenor **Rhonda Back** 0400 980 977
bathers71@optusnet.com.au

Email for Newsletter articles kiamauc.notices@gmail.com
Website Kiama-jamberoo.unitingchurch.org.au
Facebook www.facebook.com/kiamajamberoo.unitingchurch/

VOLUNTEERS BOOK A Volunteers Book has been left in the church porch. It **must** be completed by **all** people undertaking volunteer work on our premises. Please remember to sign out as well as signing in. We have been remiss in not observing this requirement of the UCA. It is not necessary to sign for attendance at services or meetings. For more information see Daryl Back



Kiama Jamberoo Uniting Church

Sunday, 15 March 2020

POSTAL ADDRESS: PO Box 140 Kiama 2533



FROM THE CHURCH COUNCIL

At its meeting last Tuesday, the Church Council:

As part of Devotions, was told about KBECET – a combined Churches, Christian Ministry to Kiama High School students. We give financial support to KBECET and are represented on the Board by Marion Haigh. It supports Scripture lessons being provided at Kiama High and other Christian programs such as the Shine and Strength Ministries.

Received a report from Rev Kath Merrifield (which will be a regular feature of our meetings) outlining her activities for the first month of her Placement. Kath has been visiting groups and has begun a discussion on a Vision of the Future for our Church. This will involve examining what we do now, why we do it and possible new activities. This examination will take place against three principles:

- All that we do needs to be Christ-centred and aimed at growing discipleship
- Church Council is a permission giving/approving body; and
- We must be reflective in what we do – what worked, what did not, will we do it again?

Decided to establish an annual calendar of events for the Congregation to focus on and support. Kath is working on a diary for the many meetings and activities of the congregation so that we have a broader picture of the congregation and to help us plan major events. It was decided that we would have a congregation meeting in June to approve the next year's budget and then another in October for the Annual General

Meeting. As well as major meetings to be held, the calendar would include events like the visit of the Auburn Tongan congregation and other mission and outreach events.

Discussed a paper entitled Improving our Worship Space. A combined Worship and Property group has been looking at ways of improving our services and have suggested changes to the stage area of the FC. Many comments and suggestions were made. A revised document will be prepared for circulation to the congregation and it will be discussed at an open meeting after our Sunday service on 29 March.

Along with the update to the congregation roll, the Elders and Pastoral Care group reported that a re-vamp of the Carers' lists had been undertaken and the allocation of members is shown on the notice board on the back wall at Kiama.

Received monthly financial reports prepared by Alan Fowlie, stating that the offerings have been down on our budgeted figures. It was decided that there will be a monthly item in the Newsletter, informing the congregation of where finances are at. People who give via Direct Giving, will be encouraged to annually assess the amount that they give to see if it is possible to increase the amount they give.

Property matters – a report was received that updated the Church Council on the Kiama extensions; the new toilet block at Jamberoo, and the proposed changes to improve the Worship Space in the Lecture Hall (LH) at Kiama. It was agreed that we will have an informal congregation meeting on Sun 29 March after worship, to discuss the possibilities of these LH changes and listen to what the congregation wants to do.

Children's Guardian Act changes – there are two local sessions available for people to attend that are specifically faith based. 24/3 at Albion Park Rural Fire Service from 1pm-3pm or 2/4 at Kiama Baptist Church from 10am-12 noon. It is important that all people who have direct access to children attend one of these sessions.

Safe Church Seminars – every Church Council member needs to update this training every three years and Daryl will send out a list of dates from the Presbytery.

Virus Protection – Daryl outlined some of the steps taken in terms of cleaning the hard surfaces in our buildings and it was agreed that every group using our premises should take responsibility for cleaning the tables they use and the kitchen benches. It might be best if they do this at the beginning of their meetings. Judy McConnell will put some information in the Newsletter about hand washing etc.

There was a report in the Newsletter last week regarding the upcoming CAP meetings.

Janice Freeston – Chairperson Church Council

FOOD HANDLING GUIDELINES

Personal hygiene

It is expected that all members working in the kitchen recognise the need for a high standard of personal hygiene whilst preparing and serving food.

Areas to remember:

- Keep hair covered or protected.
- Jewellery worn on hands and wrists should not contact food.
- Remember to wash hands frequently
- Cover all, cuts and abrasions with waterproof dressing. Wear a plastic glove.
- Use Personal Protective Clothing eg. aprons, gloves as thought necessary.
- **Food handling and equipment**
- Remember germs need help to get around! YOU can stop this by:
- maintaining good hand washing
- Change your gloves as often as you would wash your hands
- You DO NOT need to wear gloves when serving food if utensils are used.

Always ensure that:

- Raw meat and vegetables are kept away from cooked foods
- All food is covered
- Clean dishes are used.
- Use separate chopping boards for cooked and raw food
- **Reheating food**
- Reheat food as quickly as possible
- Reheat food only once then discard

Remember:

The cleaner the premises, the less attractive it is to pests and the easier it is to control them.

This is only a short summary of the full food handling guidelines. If you require a full copy please ask Alan Fowlie to forward you a full copy.

FASHION PARADE Thank you to all those who helped with food and general 'dogsbody' tasks. Even though parking was impossible we still managed to make \$720.

THE PRE EASTER SERVICE is coming up on Thursday 2nd April, and practice for Lesley's play is well underway. Rev Kath Merrifield will be our Guest Speaker. Make sure you have it in your diaries and invite a friend along.

CAP Christians Against Poverty is an international charity which offers free budgeting courses to help people manage their money and debt. The CAP Money Course runs over 3 sessions and teaches budgeting skills and a simple cash-based system. The course is designed to help people to get more control of their money. They learn to budget, save and prevent overwhelming debt. CAP Money has been running in Australia since 2000 and courses are being run again in Kiama. Sessions will be held at the Kiama Jamberoo Uniting Church cnr Manning and Bong Bong Streets at 7pm on Tuesdays 17th, 24th & 31st March. Bookings are essential as numbers are limited. Phone: Marion 4233 2490



Future Events

7 May Ethical Ministry Refresher 1.30 – 4.30 Nowra
18 May Ethical Ministry Refresher 9.30-12.30 Keiraview

17-20 May - Women in Ministry Retreat

20 June - Safe Church Workshop, Shellharbour

5 September - Healthy Church Expo North Parramatta

Tongan Choir

A huge thank you to all those who generously hosted the women and girls from the Tongan Choir, the people who brought wonderful food and to Stephanie Prior for coordinating the meal.

It was a special evening where we enjoyed two young women sharing their testimony and music to fill your heart. I know the Tongan community appreciated all the welcome and kindness shown to them as they kept commenting on this. I think we were also touched by their warmth, their vibrant faith, their powerful music and the strength of their cultural ties. It was a special weekend. *Michele*

Jamberoo Chapel SoundSpace

Featuring artwork by local artists. Come along on Sunday afternoon, enjoy beautiful music in the chapel, afternoon tea and the Art Display 2 – 4pm Sunday 15th, 22nd & 29th March.

Everyone is welcome to come - hope to see you there at Jamberoo Uniting Church

Easter Art – Stations of the Cross



A big thank you to Bob Haigh for replacing the "whiteboard" under our church street sign at Jamberoo. This will be very helpful with advertising special events and services.

Pam Waters

Let's Pray!

15 March **Lent 3 2020**

In psalm 27 vs1 we read

'The Lord is my light and my salvation – whom shall I fear? The Lord is the stronghold of my life – of whom shall I be afraid?'

Has there been a time when your faith was threatened? The threat may have been personal: sometimes we find ourselves with dark thoughts, or perhaps descending into depression. Or we become dismayed by reports of the actions of senior members within the Christian community, actions which are clearly not sanctioned by the teachings of Jesus. Even within our church community we perceive activities and hear words which seem to reflect selfish aims rather than the inspiration of the holy spirit.

Loving God,
there is so much darkness in my life
and I hide from you.
Take my hand
and lead me out of the shadows of my fear.
Help me to change my heart.
Bring me to your truth
and help me to respond to your generous love.
Let me recognize the fullness of your love
which will fill my life.
Free me from the darkness in my heart.

Focus families

John and Lavina Davis
Marion and Bob Haigh
Ina Hainsworth
Ruth Hendry
Ros and Jim Henry



WEEKEND IN THREDBO VILLAGE.

A weekend in Thredbo Village, staying at Kiama Alpine Club's Lodge has been organised for our Church members. We would suggest a minimum of two nights, but three or more would make it even more enjoyable.

Thredbo Village is approximately 440 kilometres from Kiama with a very good road all the way. Average time for the trip would be 5 to 5.5 hours, not allowing for stops for petrol, refreshments etc.

Kiama Alpine Club is self-catering, so you would need to take your own food. There is a supermarket in the village and at the time we are looking at going there would be a couple of good restaurants open as well as the Hotel Bistro.

You would need to take your own bed linen/towels etc. although they can be hired from the Club at a reasonable cost. Single bed \$22.00 per bed Queen bed \$27.50 per bed and towels \$11.00 each. This would be for the duration of your stay. You will be advised of the room configuration closer to the weekend.

The Club has a well-equipped kitchen, with ample refrigeration and storage. Kiama Alpine Club has its own parking area on site making access very easy.

Accommodation Charges.

Accommodation is charged on a per person basis per night.

Charges are as follows: \$39-00 per night.

If we have 6 people or more and we book 2 nights you can have the third night free if you are able to stay the extra night.

Activities.

Relaxing with a good book, bush walking, tennis, golf, fishing, indoor swimming and squash, toboggan and chairlift rides and mountain bike riding for the adventurous. Also for the ladies: maybe some shopping.

When. May 1st to May 4th 2020.

If you are interested in a great weekend in Thredbo please contact Barry Booth on 0429322209 or email: booth.r1.s1@westnet.com.au
Bookings will on a first in basis.

Lodge Location in the Village. 4 Buckwong Place, Thredbo.

If you would like further information about The Lodge just put Kiama Alpine Club in your favourite search engine.

March Roster for Bible readers, Prayer Leaders and Flowers

Date	Location	Bible Reader	Prayer Leader	Flowers
22/03/2020	Kiama	M Barton	S Fowlie	V Milas
22/03/2020	Jamberoo	Geoff	N/A	N/A
25/03/2020	Healing service			
29/03/2020	Kiama	Julia Sz	Marion R	M Dewhirst



The next **MEN'S MATE MEET** will be on Tuesday 17th March, 2020 commencing at **10.45 AM at 3 Brothers Dining, 45-51 Collins St., Kiama (opposite the Masonic Hall). Off street parking is available in the Kiama Leagues Club Car Park.**

This is for all men of our Church and any other male friends you think may be interested in joining us.

The topic for this meeting will be: "What has been one of the most frightening experiences you have had in your life"? **Talk time is limited to 3 minutes.** So come along and enjoy listening to the stories that emanate from the topic.



"Ageing is an enigma. Should I laugh or cry?"



Why come and listen to Russell? Because he was the founding Head of the Department of Geriatric Medicine at St Vincent's Hospital from 1984-2001.



A retired geriatrician, Dr Russell Clark, will be talking to us about the ageing process. Russell lives at Anglicare Villages Castle Hill. In 2015 both Russell and his late wife Kay were honoured with awards from the Order of Australia for services to Medicine and the Church. Come along and hear about this topic for friends, family or even yourself! Either way it will be great knowledge gained and a yummy afternoon tea.

Tuesday March 24, 2020
2pm to 4pm

Kiama Anglican Church,
Church Point Centre (CPC)

Afternoon tea provided
A donation towards Care Cafe would be greatly appreciated
RSVP KAC Office 23/3/20



www.kiamaanglican.org.au
office@kiamaanglican.org.au
2 Terralong St, Kiama NSW 2533
Office hours: Mon-Fri, 9am-3pm
Phone: 4232-2066